



Theg-Chog Norbu-i Ga-Dzong

Meditation Retreat - January 2003

- 5th Jan (Sun)
 - 8.00 am - 10.00am Preparing for Ganachakra Puja
 - 10.00am - 1.00 pm Dorje Phagmo Ganchakra
 - 2.00 pm - 5.00 pm Meetings with Lama Norbu
 - 5.30 pm - 7.00 pm Teachings on Green Tara
- 6th – 15th Jan
 - 8.00 am - 10.00 am Green Tara Puja
 - 10.30 am - 12.00 pm Teachings on Green Tara
 - 2.00 pm - 5.00 pm Meetings with Lama Norbu
 - 5.30 pm - 6.15 pm Mahakala Puja
 - 6.30 pm - 8.00 pm Teachings
- 12th Jan (Sun)
 - 8.00 am - 10.00am Preparing for Ganachakra Puja
 - 10.00am - 1.00 pm Dorje Phagmo Ganchakra - Offering to Lama / Jin-Lab ceremony
 - 2.00 pm - 5.00 pm Meetings with Lama Norbu
 - 5.30 pm - 7.00 pm Final Teachings

