



THEG-CHOG NORBU'I GA-DZONG  
Tibetan Karma Kamtsang Dharma Centre

## **TNG 2008 - Seminar on Medicine Buddha January 08 to 15, 2008**

### **Subject:**

During this seminar, Venerable Lama Norbu Repa will give a series of detailed teachings on the practice of Sang-Gyay Menla.

Following a brief explanation of the origin of this Sky-Dharma, the teachings will provide profound insight in the various processes involved in the sadhana and enable correct meditation on the deity.

Lama will give the Oral Transmission which he received from HH. Karmapa and Most Venerable Thrangu Rinpoche as well as late Venerable Dabsang Rinpoche.

Lama Norbu will also transmit the various mudras and mantras of this sadhana as practiced in the Karma Kamtsang tradition.

### **Schedule:**

#### **Daily pujas:**

06h30 - 08h00 Sojong - Ritual of Green Tara  
16h30 - 17h00 Ritual of Mahakala

#### **Tuesday January 8 to Monday 14, 2008**

09h00 - 11h00 Teaching on the Sadhana  
13h30 - 15h30 Teaching on the Safdhana

Tuesday January 15, 2008

07h00 - 09h00 Setup of Ganachakra.  
10h00 - 14h00 Tara Tsok Puja - Dedication of Merit - End of Retreat.

### **Ethics:**

Participants are requested to abide in the Buddhist ethics. This is an open retreat and therefore verbal communication should be kept to a minimum, while taking to heart the practice of the virtuous actions of body, speech and mind between the sitting sessions.

